

November, 2018

FLU Information 2018

It is time to get a Flu vaccine!

“The single best way to protect against the flu is to get vaccinated each year. Everyone 6 months and older should get vaccinated.”

The Flu as an unpredictable viral disease, and can affect us all when it is least expected. The best recommended strategy to fight the Flu according to the Public Health office, CDC (Centre for Disease Control and Prevention), is to get vaccinated every year. For a complete list, see “Who Should Get Vaccinated Against Influenza” see <http://www.cdc.gov/flu/protect/whoshouldvax.htm>

The immunity from vaccination declines over time and the Flu vaccine needs to be repeated again every year. Please find more information on Flu strategy and prevention tips on <http://www.cdc.gov/flu/protect/preventing.htm>

Name of the Clinic	Type of the Vaccine	Cost (RSD)	Place/ Contact	Medical Coverage/Insurance
Local Health Centers “Dom Zdravlja” Vaccines are available	Sanofi Pasteur split Triple vaccine (against 3 Influenza viruses)	FREE of CHARGE (their premises) Appointments to be made	Local Health Centers “Dom Zdravlja” municipality where you live	Host Country Nationals Health booklet is needed and prescription from their chosen GP Appointments need to be made
		Charged as listed below	Private clinics, as listed below	Individual Private Medical Coverage, by appointment
Bel Medic Vaccines are available	Sanofi Pasteur Vaxigrip split Triple vaccine (against 3 Influenza viruses)	2700 RSD vaccination + doctor examination (their premises) Appointments to be made	BEL MEDIC, General Hospital Viktora Igoa No. 1 or Koste Jovanovic 87 Phone: 063/206 602; 011/ 309 1000 https://www.belmedic.rs/ Working hours: 00- 24h	GBG insurance, CIGNA insurance https://www.belmedic.rs/ Please check this site for medical insurance agreements of Bel Medic Clinic...
Polyclinic Medicom Vaccines are available	Sanofi Pasteur split Triple vaccine (against 3 Influenza viruses)	2800 RSD vaccination + doctor examination (their premises) Appointments to be made	Polyclinic MEDIKOM Branicevska 12a Phone: 011/ 3443 781, 065 /344 3781 http://www.medikompoliklinika.com/ Working hours: 10:00 am – 8:00 pm	Delta GENERALI insurance, GBG (Global Benefit Group) insurance, GMC insurance, Van Breda International Health insurance, UNIQA Insurance, Wiener Städtische Insurance...
MEDI Group Health Centers Vaccines are available	Sanofi Pasteur Vaxigrip split Triple vaccine (against 3 Influenza viruses)	1200 – 1400 RSD vaccination + doctor examination (their premises) Appointments to be made	MEDI Group at different locations Phone: 011/7150 715; 011/ 40 40 100; 011/40 40 140 http://dr-ristic.mediagroup.rs http://bulevar.mediagroup.rs http://jedro.mediagroup.rs Working hours: 8:00 am – 9:30 pm	GBG (Global Benefit Group), Van Breda International Health insurance...

Updated November, 2018 <http://www.cdc.gov/flu/>

People at High Risk for developing Flu-Related Complications

<p>HIGH RISK</p> <p>People at High Risk for Developing Flu-Related Complications</p> <p>http://www.cdc.gov/flu/about/disease/high_risk.htm</p>	<ul style="list-style-type: none"> ○ Age > 65 years old, ○ People suffering from asthma or COPD (Chronic Obstructive Pulmonary Disease) - Emphysema, Obstructive Bronchitis or Chronic cardiovascular disease, People of any age with certain chronic medical conditions, ○ Pregnant women.
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As always, I stand ready and at your service.

Sincerely,

Dr. Lilly

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